

Directions to relay exchanges - 2016

Exchange #1: Exchange #1 is in Falmouth on Route 88 just south of Skillin's Greenhouse. From I-295, take Exit 10/Falmouth and turn left at the end of the ramp. Go to the traffic light at Route 1 and turn right. Go a short distance and turn left into the parking lot in front of Shaw's supermarket. Immediately turn right and go to the right of the building and then left toward the rear of the building. You will find parking in the Sullivan's Tire (251 U.S. Route 1) parking lot. Alternately, you can park at the former Pratt-Abbott Cleaners building, now vacant (231 U.S. Route 1), which is located on the left just beyond the traffic light where Depot Road crosses Route 1, next to McDonalds. The relay exchange is located at the intersection of Route 88 and Depot Road just south of Skillin's Garden Center. Depot Road runs between Rite Aid and the former Pratt-Abbott Cleaners. From the Sullivan's Tire parking lot, walk left on Depot Rd. (right from Pratt-Abbott) to the stop sign at Route 88. Exchange #1 will be located just to the right of the intersection.

Exchange #2: Exchange #2 is at the intersection of Route 88 and Gilman Road in Yarmouth. From Falmouth, take I-295 North to Exit 15/Yarmouth and bear right at the top of the ramp. Go north on Route 1 to the first traffic light. Turn right onto Portland Street and go .5 mile to the stop sign at Main Street. Turn right on Main Street and go .2 mile, bearing right at the "Y", to the stop sign at Route 88. Turn right onto Route 88 and go .6 mile to the intersection of Princes Point Road. Turn left, and then an immediate left into the Cunningham Security (10 Princes Point Rd.) parking lot. Please park on the right as you enter the parking lot, do not park on the left by the building or behind the building. Walk about .25 mile further on Route 88 to the intersection of Route 88 and Gilman Road, where you will find exchange #2. As an alternative, you can take Route 1 North directly out of Falmouth to the Portland Street intersection in Yarmouth. Then follow the same directions as above.

Exchange #3: Exchange #3 is at Pine Grove School (32 Foreside Rd.) in Falmouth. Pine Grove School is on Route 88 just .5 mile south of the intersection of Depot Road (exchange #1), or .3 mile north of the intersection of Route 1 and Route 88. Parking is available at Pine Grove School. Be aware that Route 88 will be closed to traffic between 7:30 and 9:30 a.m. If you arrive during that time you will need to park at the same parking areas as exchange #1 and walk to exchange #3. After 9:30 a.m., those who wish to drive to exchange #3 will be allowed to do so by using the blue colored pass found in your race packet. There will be one pass issued per relay team. Please follow the instructions on the pass. **Access to Pine Grove School will only be allowed by making a right turn onto 88 while headed north on Route 1!** If you arrive going south on Route 1 you will need to go past the 88/Route 1 intersection, turn around and access the turn onto 88 from the south. We would suggest making a safe U-turn at Brown Street, the first side street on the left after Route 88. Please present your blue pass to the traffic officer at the intersection.